



LEISURE OPTIONS

Holidays and Travel for People with Disabilities

WOMENS PAMPERING AND SHOPPING HOLIDAY

Tour Code: OGW220210

Monday 22 to Friday 26 February 2010

HOLIDAY HIGHLIGHTS:

- Hair cut and styled
- Shopping
- Manicure
- Make up
- Geelong Botanical Gardens
- Dining out



PARTICIPANTS:

This Holiday is for women who:

- Love to be pampered
- Have good social skills or good skills in the community
- Have good mobility

Holiday Categories:

(G), (I), (EPC)
General, Independent,
Relaxed

PRICE: The full cost of this holiday is:
\$1350 for 1:4 level of staff support
\$2350 for 1:2 level of staff support

This includes:

- Transport to and from Melbourne or Geelong, and transport during your holiday.
- All meals
- Accommodation
- Staff support
- All entrances to tourist venues and attractions
- Holiday Photos.

This does not include:

- Drinks, Personal spending money
- Travel insurance
- Laundry Service
- Medical and First Aid
- Telephone calls
- Active Night Staff (if required)

PO Box 142, Ocean Grove, VIC 3226

Toll Free 1300 363 713 Ph. 03 5256 3344 Fax 03 5256 3444

Email: mail@leisureoptions.com.au Website: www.leisureoptions.com.au



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DAY 1: MANICURES AND PEDICURES



Leave your world behind and get ready to relax, unwind and let your hair down. Get to know your new friends as we head off the Hair & Beauty College to receive deluxe manicures and pedicures. Relax and chat as we begin our indulgent holiday. Enjoy lunch out in Melbourne before heading to Ocean Grove to settle in and unpack.

DAY 2: HAIRCUTS AND SHOPPING

This morning it's off to the hairdresser to have your hair washed, cut and blow waved - feel like a new woman! After lunch let's go shopping at Corio Shopping Centre, check out some of the great shops .



DAY 3: FOOT SPAS - HAND MASSAGES - SHOPPING

Spend the morning relaxing and catching up on some sleep before having your make up done, followed by an invigorating foot spa and peaceful hand massage. Then after lunch head out shopping with the girls!



Fancy afternoon tea overlook the beach?

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DAY 3: GEELONG WATERFRONT & BOTANIC GARDENS

Today we will take a walk through the Botanical Gardens in Geelong and enjoy the surroundings. We will have morning tea at the gardens and then head to the Geelong waterfront where we will stroll along the foreshore and see all the bollards. Of course there are lots of places for a coffee and a chat.



DAY 5: DIRECT FACTORY OUTLETS

Have you got some energy and money left to burn? Today is the day for some serious shopping. Hit the factory outlets and hunt down and bargain or two to take home to show your friends and family. Enjoy a final lunch out with your new found friends before heading home.



Leisure Options promotes choices and flexibility in the holiday programs and itinerary. Leisure Options understands individual's needs and interests and will endeavour to fulfil these within the group context. The itinerary may also be changed due to any unforeseen circumstances, any matter beyond our control or by the Leisure Options staff.

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