

LEISURE OPTIONS

holidays and travel for people with disabilities



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TASMANIA LONG BREAK

Tour Code: TAS180110

Monday 18 to Monday 25 January 2010



HOLIDAY HIGHLIGHTS

- * Freycinet National Park
- * Nature World
- * Shopping & Beach
- * St Helens & Pub in the Paddock
- * Penguins
- * Le Frog Motor Trike Rides
- * Douglas Aspley National Park

PRICE:

The price of this holiday is:

\$2565* for 1:4 staff ratio support

\$3200* for 1:2 staff ratio support * plus airfares

THIS INCLUDES:

- * Transport during your holiday.
- * All meals
- * Accommodation
- * Staff support
- * All entrances to tourist venues and attractions
- * Holiday Photos

THIS PRICE DOES NOT INCLUDE THE FOLLOWING:

- * Drinks & Personal spending money
- * Return flights to Launceston
- * Travel Insurance
- * Laundry Services
- * Medical or first aid services
- * Special Meal Requirements
- * Telephone calls
- * Active night staff



PARTICIPANTS:

This Holiday would suit people who:

- * Enjoy a relaxed paced holiday
- * Have good mobility
- * Can manage stairs
- * Like aeroplane travel



DAY 1: WELCOME TO TASMANIA

Today we set off on our Tasmanian adventure by flying to Launceston. After the short flight across Bass straight we travel about an hour and half south east; arriving in Bicheno. Bicheno is an old fishing port, famous for its white sandy beached and sunshine and is Tasmania's premier holiday town. We will settle into our two storey holiday house with magnificent coastal views. It's then time to explore this holiday town and get to know our fellow holiday makers.



DAY 2: LE FROG MOTOR BIKE TRIKE RIDES & NATURE WORLD

Trike rides are on VW-powered Australian-built trikes with an emphasis on fun and entertainment. Trike rides are guided by an expatriate Frenchman, who is now the local mayor. He designed the motorcycles used in the first Mad Max film. Feel the wind through your hair as you admire the Tasmanian scenery from the back of the motorcycle. This afternoon we head to Nature World where you will be able to take a journey on the Pelican Express to admire all the animals including Tasmanian Devils and Tiger Snakes!! Feed the wallabies and emus.



DAY 3: RELAXING, SHOPPING & BEACH OR FISHING

This morning we can have a sleep in & a relaxing morning. In the afternoon we'll walk to the local shops and pick up a souvenir or two and then head to the beach for a swim. If participants would like to go fishing, the gulch is a great place to cast a line. Tonight head to the blow hole and watch the penguins waddle into their burrows for the night.



DAY 4: FREYCINET NATIONAL PARK

Freycinet National Park consists of granite mountains all surrounded by crystal bays and white sand beaches. The dramatic peaks of the Hazards welcome you as you enter the park. There are a number of easy walks, plus the opportunity to swim or relax at Honeymoon bay. This is a beautiful park and has a great shop for souvenirs.



DAY 5: RELAXING & BEACH & OPTIONAL ACTIVITIES

There is so much to do on the beautiful East Coast of Tasmania. This holiday is balanced with time to relax, watch DVDs, do some craft activities or sit on the balcony and admire the views. Take a stroll to the local shops, pick up a souvenir or have a cappuccino in a local café. Head to the local beach to enjoy a swim or a walk on the white sand or a game of beach cricket.



DAY 6: ST HELENS AND PUB IN THE Paddock

Today we will take a scenic drive to St Helens where there will a chance to go shopping for souvenirs in the local shops. We will then venture to the Pub in the Paddock where we have the opportunity to meet the local pig 'Priscilla' who loves to drink a beer or two! You will then go to St Columbia Falls for a short stroll through a beautiful Tasmanian rainforest to see the majestic waterfall.



DAY 7: DOUGLAS ASPLEY NATIONAL PARK & BEACH CRICKET

Explore the Douglas Aspley National Park which is situated just out of Bicheno. Go for an easy walk to the water hole. Head back to the beach for a game of beach cricket, make a sand castle or just paddle or swim in the bay. Alternately there is time to relax, watch some great DVDs send post cards to your friends and enjoy the ambience of Bicheno.



DAY 8: FAREWELL BICHENO

Bicheno is a wonderful holiday destination and sometimes it's hard to say goodbye. Have a cappuccino in one of the local cafes, or a final walk on the white sand beach. It's our last day to explore the town, and then it's time to pack your suitcases and head north to Launceston for our trip back home. Farewell your new found friends and tell everyone how much fun you had!!



Leisure Options promotes choices and flexibility in the holiday programs and itinerary. Leisure Options understands individual needs and interests and will endeavour to fulfil these within the group context. The itinerary may also be changed due to any unforeseen circumstances, any matter beyond our control or by the Lesiure options staff.