



LEISURE OPTIONS

Holidays and Travel for People with Disabilities

P&O PACIFIC SUN CRUISE

Tour Code: POC091209

Wednesday 9 to Thursday 17 December 2009



Discover Australia's southern delights on this magnificent journey along the coastline between Melbourne and Fremantle. Visit Adelaide, learn about Albany's whaling history or laze on pristine beaches in Bunbury before arriving in historic Fremantle. Spend two days exploring Perth.



HOLIDAY HIGHLIGHTS:

- 7 nights onboard the Pacific Sun
- Start in Melbourne & visit Albany, Adelaide, Bunbury & ending in Fremantle.
- 2 days / 1 night in Perth.
- Dazzling Broadway style shows.
- Nightclubs & glittering Cabarets.
- Sensational multi-course meals.
- Casino.
- Movies.
- Relaxing, Swimming, shopping and MORE!

PARTICIPANTS:

This Holiday would suit people who:

- Like visiting exciting new destinations
- Enjoy cruising and flying
- Love fine dining
- Enjoy meeting new people
- Enjoy lots of fun-filled activities
- Have good social skills
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Holiday Categories:



(limited availability)



PO BOX 142 OCEAN GROVE 3226 VICTORIA

Toll Free 1300 363 713 Ph. 03 5256 3344 Fax 03 5256 3444

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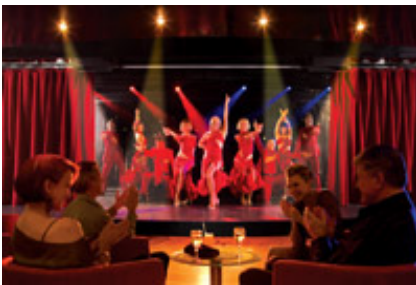


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SERVICE: Everyday on board you'll experience the little things that make a difference to your holiday. From the cabin steward who makes up your cabin each day, to the waiter who serves you, you'll be treated to the same high level of friendly service that sets P&O Cruises apart.

FOOD: The menu of dining options on board gives you the opportunity to discover fresh new taste sensations every day. It starts with a delicious and relaxing breakfast giving you plenty of time to plan the day ahead. Lunch brings with it fresh new choices - lavish buffets will tempt every palate or dine a la carte in the main dining rooms. Why not take tea in the afternoon with freshly baked scones and pastries?



ENTERTAINMENT: With the night comes a whole new way to have a great time. The lights come on, the stars come out to entertain and the music begins. Be spoilt for choice with our nightly entertainment programme. Start with pre-dinner drinks or catch up with friends over cocktail in one of the themed bars.

Take in a musical performance or have a good laugh at the only Sit Down Comedy Club at sea. Relax with a drink whilst watching a recent-release movie. Dance the night away at the nightclub, or attend one of the theme nights where you could kick your heels up at a Country & Western night, dine on deck at an Island Night party or dress up at the formal night. Fancy a flutter? Try your luck at the casino or just take a stroll under the stars.

ACTIVITIES: *Ways to spend your day!*

- Get active with a game of table tennis
- Enjoy a dance lesson
- Try your hand at shuffleboard or deck quoits
- Take to the stage & impress at karaoke
- Be pampered at the Lotus Spa & Salon (additional cost)
- Enjoy a swim or simply relax & sunbather on deck
- Soak it up in a whirlpool spa, sauna or steam room
- Pick up a bargain with duty and tax-free shopping
- Escape to the serenity of the library and enjoy a good book
- Play cards, chess or borrow a board game
- Join in a trivia quiz or try your luck at bingo
- Live music and dancing

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Each cabin has the following:

- Air conditioning with personal controls.
- Ensuite with complimentary toiletries & hairdryer.
- Safety deposit box.
- TV for in cabin entertainment.
- Wardrobes.
- Writing desk.
- Telephone.
- 24 hour room service.*
- Bathrobe and slippers.*

*Charges apply

ACCOMMODATION

There are three choices of accommodation; your cruise price will depend on what Accommodation / type of cabin you require or choose. Please see the last page for pricing details.

Four Berth - Outside or Inside Cabin (approx 17m²)

- Two lower beds and two upper beds (bunk style).
- Outside cabin features a window, inside cabin has no window / porthole.
- Participants must be able to climb the ladder to the top bunk.
- Each Cabin Ensuite has a shower, toilet & wash basin.

Twin Berth - Outside or Inside Cabin (approx 17m²)

- Two lower beds.
- Outside cabin features a window, inside cabin has no window / porthole.
- Each Cabin Ensuite has a shower, toilet & wash basin.

Wheelchair Accessible Berth - Outside or Inside Cabin

- Two lower beds.
- Outside cabin features a window, inside cabin has no window / porthole.
- Each Cabin Ensuite has a shower, toilet & wash basin.
- Wheelchair access cabins have: wider doorways (to accommodate a wheelchair), no thresholds into the bathroom, more hand rails around the bathroom.
- Please note: there is limited availability on these cabins on the ship.

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Wednesday 9 December

Set Sail from Melbourne

Meet at Station Pier, Port Melbourne where we will start our escape for our Holiday aboard Pacific Sun. For participants from other states; Leisure Options will organise flights & transfers to the ship. The ship sails at 6pm.

Thursday 10 December

Relaxing at Sea



Do everything or nothing - indoors or out. With a host of activities to choose from, no other holiday provides a better setting to meet, greet and make new friends. Dine on delicious multi course meals then head for a dazzling musical, glittering cabaret or dancing at the night club.

Friday 11 December

Adelaide

Arrive 7am - Depart 4pm

Since the first governor proclaimed a new settlement from under a gum tree in 1836, Adelaide has come on in leaps and bounds. Perhaps the most significant arrivals, at least in terms of current prosperity, were the central European immigrants who brought wine making skills to the Barossa Valley - a visit is highly recommended! Adelaide itself has much to recommend it including the cathedrals of St Peter and St Francis Xavier and the fine cultural centre. Optional tours are available

Saturday 12 & Sunday 13 December

At Sea

Arrive 10am - Depart 3am

Spend the next two days participating in a range of on board activities. The daily program will list all the activities that are happening each day at sea.



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Monday 14 December

Albany, Western Australia

Arrive 7am - Depart 4pm

Albany looks out across the Southern Pacific Ocean toward Antarctica. The clean, pristine ocean harbors and island inlets are a sight to see. The famous Rainbow Coast city of Albany is Western Australia's first and oldest settlement. Optional tours are available

Tuesday 15 December

Bunbury, Western Australia

Arrive 11am - Depart 10pm

Bunbury has plenty of attractions on offer: Why not take an easy-paced tour of Bunbury and see the highlights of the town while travelling in a vintage tram or discover the wild bottlenose dolphins of Bunbury, in the sheltered waters of Koombana Bay.

Wednesday 16 December

Arrive Fremantle

Arrive 8am

Today we arrive into the Port of Fremantle; ending the 'cruising' part of our holiday. A tour of this historical city will include the Fremantle market. A short drive will take us to the most remote city in the world, 'Perth'.

Overnight: Perth

Thursday 17 December

Explore Perth

Spend the morning exploring the beautiful city of Perth. This afternoon we fly from Perth to Melbourne.



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ACCOMMODATION PRICE:

Paid before closing date: 21 August 09

1:4	\$3,630 (4 berth Cabin)	Top bunk - you must be able to manage the narrow ladder and climb up & down independently.
1:4	\$3,730 (4 berth Cabin)	Bottom bunk-
1:4	\$4,575 (2 berth Cabin)	
1:2	\$5,400 (2 berth Cabin)	
1:1	\$7,800 (2 berth Cabin)	Limited number of wheelchair cabins are available

The Price Includes:

- 7 Nights aboard Pacific Sun
- All meals on board the ship
- On board entertainment
- Port taxes (subject to change)
- \$75 on board credit per person
- Staff support at specified ratios
- Accommodation in Perth (shared)
- Transport in Perth
- Breakfast, Lunch & Dinner in Perth
- Flight: Perth to Melbourne
- Holiday Photos

The price does not include the following:

- Extra tours and activities
- Beauty Salon and Massages
- Drinks
- Personal spending money
- Travel insurance
- Laundry service
- Medical or First aid service
- Telephone calls
- Active Night if required

Leisure Options promotes choices and flexibility in the holiday programs and itinerary. Leisure Options understands individuals needs and interests and will endeavour to fulfil these within the group context. The itinerary may also be changed due to any unforeseen circumstances, any matter beyond our control or by the Leisure Options staff.

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